

SPEAKER:



Jamie Stang, PhD, MPH, RD is the Program Director and Continuing Education Specialist, MCH Nutrition Training Program, at the University of Minnesota's School of Public Health, Division of

Epidemiology and Community Health. Dr. Stang has a Ph.D. in Nutrition, Minor in Epidemiology, Concentrations in Pediatrics/Adolescent Health and Public Health, University of Minnesota, Minneapolis-St. Paul; Adolescent Health Fellowship, University of Minnesota, Department of General Pediatrics and Adolescent Medicine; M.P.H in Public Health Nutrition, MCH Concentration, University of North Carolina, Chapel Hill; Public Health Nutrition/MCH Traineeship, University of North Carolina, School of Public Health, Department of Nutrition; B.S. in Dietetics, Coordinated Undergraduate Program, University of North Dakota, Grand Forks. Dr. Stang's areas of interest include adolescent nutrition, adolescent pregnancy, maternal nutrition, child obesity, and the development of early childhood eating patterns. She provides leadership training to health professionals through coursework and mentoring; plans, implements and evaluates local, regional, and national conferences related to MCH nutrition; provides technical assistance and consultation to local, state, regional and international public health programs; and conducts research related to maternal, child and adolescent nutrition.



Missouri Department of Health and Senior Services
WIC and Nutrition Services
Nutrition Training Institute
930 Wildwood, P.O. Box 570
Jefferson City, Missouri 65102-0570



Bright Futures: Promoting Healthy Children Through Early Recognition of Nutrition Concerns



August 4, 2005
Governor Office Building
Room 450
Jefferson City, Missouri

Sponsored by
Missouri Department of Health and
Senior Services,
WIC and Nutrition Services,
Nutrition Training Institute

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AGENDA:

8:30 - 8:50 am	Sign-In
8:50 - 9:00 am	Introduction
9:00 - 10:00 am	Overview of Child Growth/ Development and Nutrient Needs
10:00 - 10:15 am	Break
10:15 - 11:30 am	Nutrition Assessment of Children, Assessment of Common Nutrition Issues Such as Iron Deficiency, Overweight, and Inappropriate Feeding Practices
11:30 am - 1:00 pm	Lunch On Your Own
1:00 - 2:30 pm	Overview of Feedings Issues Including Food Preferences, Food Jags, Introduction of Solids, Progression of Feeding, and Feeding Difficulties
2:30 - 2:45 pm	Break
2:45 - 4:00 pm	Overview of Feeding Issues, Continued
4:00 pm	Adjourn



This program has also been submitted for CPE approval to the Commission on Dietetic Registration (CDR), the credentialing agency for the American Dietetic Association.



GOAL:

To identify early nutrition concerns in children, and to implement strategies to foster healthy outcomes.

LEARNING OBJECTIVES:

- Distinguish between appropriate and inappropriate physical activities for children under age five.
- Identify when growth and development in children necessitates intervention.
- Identify when eating behaviors in children necessitate intervention.
- Screen and assess children aged one through five for nutritional risk.
- Explain the importance of honoring the division of responsibility in the feeding relationship, including setting and enforcing limits.

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Deadline for Registration is July 15th

REGISTRATION FORM

Please print the information below and mail by **July 15th**.

NAME: _____

OCCUPATION: _____

PLACE OF EMPLOYMENT: _____

ARE YOU A WIC EMPLOYEE? ____ YES ____ NO

ADDRESS: _____

CITY: _____

STATE: _____ ZIP CODE: _____

PHONE NUMBER: (____) _____

E-MAIL ADDRESS: _____

WIC Employees
May Attend Free and Should Send The Registration Form To:

Attn: Kelly Dotterweich
Bright Futures Training
Missouri Department of Health and Senior Services, WICNS Unit
930 Wildwood, P.O. Box 570,
Jefferson City, MO 65102-0570



All Others Attendees
Must Pay A

Non-Refundable

Registration Fee of \$50.00.

Please Make Checks Payable To:
Missouri Department of Health and Senior Services

and Mail To:

Attn: Fee Receipts - Bright Futures Training
Missouri Department of Health and Senior Services
930 Wildwood, P.O. Box 570,
Jefferson City, MO 65102-0570

A confirming email will be sent to you as your receipt.